

FAIRFIELD SURGERY NEWS

Welcome to the 2nd edition of The Patients' Participation Group newsletter. Each month we will endeavour to keep you updated on any new developments within the practice and support health awareness. Your Patient Participation Group welcomes new members to help us understand fully the needs of our patients, so if you can spare the time to help we would love to hear from you. Please contact ppg.fairfield@gmail.com

Start the New Year with a new App!

The NHS App is a free and secure way to access a range of services from the surgery. All you have to do is download it from the App Store on to your smartphone or tablet, prove who you are by using photo ID and off you go.

It will enable you to:

Order repeat prescriptions without having to call the surgery;

View your medical records securely by accessing online parts of your GP health record, including test results, allergies and medications;

Have better communication with the surgery by receiving messages and notifications securely from your GP and hospital.

Consent to Disclose Form. Did you know that when you need added support from a family member or carer to liaise with the surgery on your behalf all you have to do is complete a "Consent to Disclose " form available from the surgery to make your life easier.

Role of Advanced Nurse Practitioner by Suzanne Levett, Nurse Practitioner

After 22 years in general practice, I have been fortunate enough to expand my role and responsibilities within primary care now working at Fairfield Surgery for the past 5 years. I have a background in district nursing and worked for a short while for Sussex Police as a forensic nurse gaining experience in more acute care.

As a Nurse Practitioner/Independent Prescriber my role is one of first contact diagnosing and treating illnesses, prescribing medication, ordering and interpreting tests and making referrals on to secondary care.

I enjoy managing both acute and chronic conditions focusing on health promotion and disease prevention to improve health.

I run three minor illness/triage clinics a week, Monday, Tuesday and Wednesday, involving seeing patients face to face with conditions such as: coughs, chest infections, urine infections, dermatology including rashes, suspicious skin lesions, chronic disease management, asthma and diabetes. Paediatric illnesses: rashes, ENT problems, tonsillitis and ear infections. I have a particular interest in women's health: contraception, HRT queries and breast lumps.

