**Patient Participation Group – Fairfield Surgery**

**Minutes PPG Committee Tuesday 19th March 2019**

Location: Burwash icafe 6.00pm

1. Apologies – Frank Smith **(FS)**, John Barnes (**JB)**  
   Attendees

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| Dr Thomas **MT** | Betty McBride **(BM)** | Claudette Neville (**CN**) | Lorraine Lea (**LL),** |
| Jane Bryant **(JBr)** | Julie Watson (**JW**) | Anna Gilson **(AG)** | Jill Westwood (**JWest),** |

1. Minutes of last meeting – 22nd January 2019, agreed and signed
2. Matters arising:   
   Expert patient – There are problems with this as the ‘expert’ with more advanced condition could give a negative effect. It was recognised that the long term condition that was not progressive in the same way as Parkinsons or COPD, was diabetes  
   Conclusion – the GP to suggest this only on an individual basis where it could be helpful.
3. RVA meetings 31st Jan, 1st Feb – feedback from **CN** that she did not find the meeting useful.
4. CCG/PPG Forum Thursday 21st February – the most useful point **CN** brought from the meeting is the presentations to be given by Dr Mucci on ‘Avoiding Frailty in Older Age’. 4 presentations have been arranged across all the Hastings and Rother PPGs. Rural Rother’s will be on **17th April** at Sedlescombe though patients can attend any of the 3 at other locations. (25 April, St Leonard’s; 9 May, Hastings; 21 May, Bexhill)

Posters are being funded by RVA which **CN** will distribute around our area. Information and a poster should be in the April parish magazines. **BM** agreed to put a poster on the village website. **CN** asked that we should all promote this initiative. Dr Mucci is not charging for her time, the talk should be very positive for those of maturer years and a first for a joint PPG project. It was agreed that our PPG may be able to do future work linked to Dr Mucci’s suggestions.

1. DNA for appointments for future discussion
2. Mental health in young people - **LL** and **AG** have had 2 meetings and approached some children’s organisations with minimal response. Informal feedback from parents: need help to spot signs of problems and information where to get support.   
   Wide ranging discussion, many problems that can’t all be addressed at once (eg self harm, eating disorders, risks from social media etc). Conclusion: to target parents/children in the final Primary school year and first secondary school year where stresses from school changes can develop, although open to allwith an interest in positive mental health for children of all school ages.  
   Agreed actions: to arrange talk by relevant professionals in the autumn – suitable venue Etchingham halls (**CN** to find out availability).   
   **LL** has contact with potential CAMHS Social Worker speaker. Welfare teams at secondary schools. **LL** to contact Heathfield Community College, **JBr** to contact Uplands to ask if they can supply a speaker to explain support provided at schools.   
   Dr Mark Robertson to be asked if he can also give a view what is offered by the Practice.  
   Once set up publicity can be via school newsletters and leaflet invitations to target audience. (Funds from parish council grant available for this)
3. Practice update **JW**

* Vacancies created by retirements from team have been filled in the last few days. Now a settling in process.
* Cervical smears – backlog has now been cleared with newly trained nurses.
* Primary Care Networks to be implemented which will be based on present Federation of Practices. To be setup by May but process not yet clear.
* Electronic referrals process continues to have problems which can delay referrals.

1. AOB **BM** asked for Community Hub to be on May’s agenda  
   Next CCG/PPG meeting is Thursday 23 May, 10am – 12md at Sedlescombe.
2. Dates of next meetings – 21 May, 16 July, 17 September, 19 November 2019

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